Irregular Compound Plural Nouns:

Compound Nouns - When a compound noun is written as one word, form the plural of the LAST word.
Say it! Write it! Repeat it!

Irregular Plural Compound Nouns

fire + men = firemen

gentle + men = gentlemen

fire + fli + es = fireflies

butter + fli + es = butterflies

work + bench + es = workbenches

blue + grass + es = bluegrasses

sand + box + es = sandboxes