Present Continuous Tense:

Present Continuous (Present Progressive Tense) – The present continuous tense of a verb expresses action or state that is happening, continuing, in the present, now and is formed by adding the suffix –ing to the regular verb. Each of the six English verb tenses has a continuous tense or a progressive tense that expresses a continuing action or state. Progressive form verb tenses end in –ing. Say it! Write it! Repeat it!

Present: am, is, are

Past: was, were

Future: will be

Present Perfect: have/has been

Past Perfect: had been

Future Perfect: shall/will have been
Present Continuous Tense:

Present Continuous (Present Progressive Tense) – The present continuous tense of a verb expresses action or state that is happening, continuing, in the present, now and is formed by adding the suffix –ing to the regular verb. Each of the six English verb tenses has a continuous tense or a progressive tense that expresses a continuing action or state. Progressive form verb tenses end in –ing. Say it! Write it! Repeat it!

I am typing.

You are reading.

He is wondering.

She is remembering.

It is recording.

We are learning.

You all are going.

They are coming.
Present Continuous Tense:

Present Continuous (Present Progressive Tense) – The present continuous tense of a verb expresses action or state that is happening, continuing, in the present, now and is formed by adding the suffix –ing to the regular verb. Each of the six English verb tenses has a continuous tense or a progressive tense that expresses a continuing action or state. Progressive form verb tenses end in –ing. Say it! Write it! Repeat it!

He is growing tall.

She is helping.

It is turning green.

Dad is coming.

Mom is staying.

John is painting.

Mary is gardening.

Joseph is sawing.
Present Continuous Tense:
Present Continuous (Present Progressive Tense) – The present continuous tense of a verb expresses action or state that is happening, continuing, in the present, now and is formed by adding the suffix –ing to the regular verb. Each of the six English verb tenses has a continuous tense or a progressive tense that expresses a continuing action or state. Progressive form verb tenses end in –ing. Say it! Write it! Repeat it!

He is growing taller than Tom.
She is helping her sister.
It is turning green in a moment.
Dad is coming home after work.
Mom is staying home with Tim.
John is painting the basement.
Mary is gardening in her yard.
Joseph is sawing the wood.